



Guardian Angel Food Pantry List

- Protein drinks (Ensure, Glucerna, Boost, etc.)
- Pasta
- Spaghetti-Os
- Canned chicken
- Ramen noodles
- Tuna, canned meat
- Peanut butter & jelly
- Meal-in-a-can (spaghetti, chili, stew, chunky soups, etc.)
- Sides: rice, instant mashed potatoes, oatmeal, pasta, stuffing mix (make sure each package has instructions on it.)
- Spaghetti sauce
- Canned fruit and vegetables
- Shelf-stable milk
- Bars of soap
- Toilet paper
- Disinfectant wipes
- Latex gloves
- Food storage bags – Sandwich, quart and gallon sizes